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# Boudoir: Raising The Bar The Pose EBook



## Synopsis

About the Author: Rachel Stephens is a bonafide MWAC (mom with a camera), award winning photographer, creativeLIVE instructor, speaker, Photoshop action writer, author and advocate for the everyday woman. One of the premiere Boudoir Photographers in the United States specializing solely in boudoir for the last decade and traveling around the US since 2007, Rachel specializes in making a connection with each client, capturing them with an honesty that lays bare the beauty in every woman. Sought after for her camera work and revered among her peers for her Photoshop skills, she's been nicknamed The Queen of Skin. She was an expert contributor in a August 2013 issue of Shape Magazine, a featured photographer in the December 2013 issue of Professional Photographer Magazine, a speaker at ImagingUSA in January 2014, a creativeLIVE instructor, offers custom Photoshop Actions and is enjoying her new venture as an author. Based out of Portland, Oregon, Rachel Stephens finds herself in high demand, shooting upwards of 500 private boudoir sessions a year. Still, she finds time to give back through her pro bono Breast Cancer Survivor Program and offers a discount program to military in honor of her father who is a decorated Vietnam Veteran. Husband Sean O'Riordan, stepped in as her business manager in 2009. He brings skills in media relations, public communications and marketing - specifically Facebook marketing expertise - to the team.

About the Pose eBook: This is not just an awesome image rich eBook on posing alone. Rachel gives you all kinds of extra information on how she does things on the road covering: Inspiration to be Fearless; What gear she uses including links to her must have vendors, resources and an eStore of everything in her travel case; Her camera settings and why she uses them; Lighting; Bokeh; Aperture; Shutter speed; The S Curve, Creating Poetry in the Female Form; Location; Makeup Artist; Posing Ideas; How to Prepare for the Day of the Shoot; Her Personal Shot List; Standing Poses; Sitting Poses; Laying Down Poses; Bedroom Poses; Couples & Groups. Using Props; Booty Shots; Outdoor Shots. All images have notes on lighting and camera settings used as well as posing notes she used to direct her clients into showcased poses that sell. You can find Rachel and Sean on creativeLIVE and speaking at photography conventions around the country. Please join their community of clients, fans and followers at [Facebook.com/RachelStephensPhotographyForWomen](https://Facebook.com/RachelStephensPhotographyForWomen)

## Book Information

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## Customer Reviews

This eBook goes far beyond the genre of boudoir. Filled with lush images that certainly captivate the reader, it's the attention to detail, volume of information and effortless humor that makes this book as interesting to read as it is to look at. From posing tips that could be utilized in most portrait photography to hints on lighting and the process of connecting with the subject, Rachel is open and honest about her journey and evolution as a photographer. One look through the eBook and it is evident that she is much more than a photographer, she is an artist. I love the compare and contrast of two images and how she achieved different effects based on lighting, speed and settings. I was especially fascinated by her discussion of Bokeh and the way movement can be captured and even isolated in the images. How brilliant to admit that the position of the photographer is as important as the subject? And wonderful to see the camera level on some of the shots to really put into perspective how it was achieved. Whether you are beginning your craft or a seasoned vet, this is THE GO TO GUIDE on getting boudoir right. She is the real deal and shares everything from her favored equipment to the processes to make a shoot successful. The helpful hints on each photo on how to position the subject is not only helpful, I can see novice photographers everywhere keeping their phones Kindle app open with the Posebook at the ready to coach them through their own

shoots. Not only does Rachel Stephens demonstrate her artistry, she ups the ante with her candor and willingness to share her 'trade secrets' for the next generation of boudoir photographers. This is a must have!

Rachel has written a fantastic book. Thanks to this work my wife and I were able to produce a competent first attempt at boudoir photos. The pics were fun to shoot and boy was it challenging. I personally learned more from this book than any I have read in a long while. This is definitely a book you could read 3 or 4 times and still find new tidbits packed in there. That said, I would also say that it's not a cookbook for a beginner to just follow some recipes and think you're going to knock out something fantastic the first afternoon and that's why I gave it 4 stars instead of 5. Rachel has a very strong point of view on certain aspects of photography that might or might not work depending on your own equipment. For example, shooting wide open on many prime lenses can lead to issues with focus that take a lot of practice to resolve. Many of these issues go away by stopping down even only one stop without sacrificing bokeh. But overall, if you are comfortable reading this book 3 or 4 times first, take some notes, then using the perspectives Rachel shares in this book as a starting place to grab your favorite subject and shoot something creative and sensual, then you will find this book informative and useful on your journey to honing your craft.

Purchased this EBook for the posing guidelines and got a bit more....I absolutely was floored when Rachel said "What you see is what you get" concerning her images and her lack of WB corrections!!! I can see how it works for some images although I prefer to have my clients skin look pretty and alive from the get go, and not fix it in post. She does talk about details and fixing whatever needs before taking the shot although a blue light cast coming into the room from the window looks very pretty and all, I do believe she "fixed" her clients skin to look flawless in post. Otherwise a "blue cold" image leads to dead corpse like skin. I did enjoy her posing and artificial lighting guidelines :)

I did find this book interesting and useful. I liked that -(a) it talked about using wide-aperture lenses for portraits;(b) it got me thinking about continuous lighting as an option for certain shoots, and for every image in the book, mentioned the type/brand of lighting used;(c) it had tips on looking for the 'S', in posing the model;(d) it described the author's experience and preparation - including venues - for shoots

Both from a technical and creative standpoint. She tells you what works and then illustrates her

points in all of her photos. She also has a no nonsense straight to the point way of writing that I love. I don't do a lot of boudoir shots but the way she teaches how to make women look their best can directly translate to all types of photography. I can already see how I can make my bridal portraits look better. I understand why she advocates shooting wide open but that takes some experience and some balls to do. :). I would read all this woman writes and I hope some day to attend a seminar. I highly recommend this book.

I've been following Rachel's work and personal page for years. She is outstanding in her art and her passion for it shows. This book is packed with information that is easy to understand and gives a good base to start with. You will still have to put in lots of practice to have it come naturally like it does to Rachel, but the info provided will save you tons of trial and error to get to that point because she's done the hard work for you. Tons of info for a very small price. Can't wait for her next books.

This book I wasn't sure about let's be real... how could a 6 dollar photo book be any good... but I decided to try it out and let's just say it blew away my expectations!! So many real world applications, with woman of all sizes! It is packed full of little tips and tricks and I truly found it to be super useful, i have read it about 3 times and use it as a reference before each shoot! Thanks Rachel for sharing this for such an affordable price!

You can read this book in a day, but it is full of all the practical information you need, to see how Rachel works, get inspired, and create your own creative business plan. I love that there's lots of images for inspiration, with details of her camera settings and lighting, all told in a matter of fact way. You can take what she does and then figure out what works for you. Loved the book! Will read it many times. Thanks!

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